

Extra Curricular Sports Clubs at Holy Rood RCHS

Activity	Day	Age	Time	Venue	Delivered by
Senior Basketball	Mon	S4-6	Lunch 12:40 – 1:20pm	Games Hall	Ainsley & Rhys (PE Prefects) with Miss Marziban
Fitness	Mon	S1-2	Lunch 12:40 – 1:20pm	Fitness Suite	David (PE Prefect) & DJ with Mrs Lister
Table Tennis	Mon	S1-3	Lunch 12:40 – 1:20pm	Dance Studio	Muhammad (S6) with Mr Hutchinson
Boys Football	Mon	S1-3	3:50 – 5:00pm	Astroturf	Edinburgh South CFC with Mr Henderson
Volleyball	Tue	S1-6	Lunch 12:15 – 12:55pm	Games Hall	Amelia & Nicole (S5 YA) with Mr Levey
Girls Basketball	Tue	S1-6	Lunch 12:15 – 12:55pm	Gym Hall	Tamzin & Eylul (PE Prefects) with Ms Padden
Netball	Tue	S4-6	After School 3:30 – 4:30pm	Games Hall	Mrs O'Reilly
Junior Basketball	Wed	S1-3	Lunch 12:40 – 1:20pm	Games Hall	Ainsley & Rhys (PE Prefects) with Miss Briggs
Cycling Club	Wed	S1-4	After School 3:50 – 5:00pm	School Grounds	Mr Shackley
Girls Football	Wed	S1-6	After School 3:50 – 5:00pm	Astroturf	Miss Morton
Athletics	Wed	S1-6	After School 3.50 – 5.00pm	Dance Studio	Sed Remally (Athletics Coach)
Volleyball	Wed	S1-6	After School 3.50 – 5.00pm	Games Hall	Amelia (S5 YA) with Mr Levey
Senior Boys Basketball	Wed	S4-6	After School 3:50 – 5:00pm	Games Hall	Alan Kacala – City of Edinburgh Basketball
Badminton	Thu	S1-6	Lunch 12:15 – 12:55pm	Games Hall	Neil (PE Prefect) & Amelia (YA) with Mr Levey
Zumba	Thu	S1-3	Lunch 12:40 – 1:20pm	Dance Studio	Miss McCardle
Cheerleading	Thu	S1-3	After School 3:30 – 4:30pm	Dance Studio	Mrs Hepburn
Girls Basketball	Thu	S1-6	After School 3:30 – 4:30pm	Games Hall	Mhari Campbell – City of Edinburgh Basketball
Rugby	Thu	S1-6	After School 3:30 – 4:30pm	Astroturf	Regan and Paul – Portobello Youth Rugby Academy
Handball	Thu	S1-3	After School 3:30 – 4:30pm	Gym Hall	Angel Rodriguez – Lothian United Handball Club
Handball	Thu	S1-3	4:30 – 5:30pm	Games Hall	Angel Rodriguez – Lothian United Handball Club
U15 Boys Basketball	Fri	S1-3	After School 12:15 – 1:30pm	Games Hall	Michal Tansey