

# Holy Rood RC High School Learner Pathways

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## **Introduction from our Head Teacher, Mrs Legrix**

Holy Rood has an excellent track record in supporting our young people into positive and sustained destinations, whether that be a job, training, apprenticeship, college, university or other meaningful post school choice.

"We aim to deliver high standards of effective learning and teaching, in a supportive and nourishing environment to enable all pupils to develop positive attitudes towards learning, achieve their full potential, develop self-worth and build the resilience and self-awareness required for life."

The above extract from Holy Rood RC High School's Mission Statement is a clear expression of our ambition for every pupil. We achieve this ambition by taking account of the fact that every pupil has a different combination of talents, strengths and aspirations for their next steps upon leaving school. In recognition of this, Holy Rood's curricular options are wide and versatile; we have created a variety of different and flexible pathways pupils can choose to follow. Whether a pupil is inclined towards traditional academic subjects, more vocational choices, or a combination of both, is unimportant. What is important, is that pupils make good choices and follow the most appropriate curricular pathway for them.

#### A Positive Destination for All

In Holy Rood, we use our experience and resources effectively to support pupil choice and to guide them into a positive destination that is, not only sustained, but appropriate to the talents and ambitions of each individual. Future success depends upon pupils achieving the best qualifications they can, and upon the development of skills for life, learning and work. However, success also depends upon making informed choices. This booklet provides real examples of a number of pathways followed by Holy Rood pupils. It is designed to ensure pupils and parents are aware of the different options available for pupils as they journey through school and onto their positive destinations.

#### **Our Curriculum**

The Senior Phase (S4-S6) lasts for three years, but pupil pathways can take different turns within this three-year period. Therefore, whilst pupils are encouraged to plan ahead, they are also encouraged to consider alternative routes and so keep their options open. It is also important for pupils to be aware that planning for their positive and sustained destinations does not start with choices made in the Senior Phase (S4-S6). Pupils make choices as far back as their transition from Primary School and throughout the Broad General Education of S1-S3. In these earlier stages of their learning journeys, pupils develop and learn new skills for learning, life and work and make choices which personalize their curriculum and allow them to specialize in deeper study of particular subject areas (especially in S3). Pupils also take advantage of personal achievement opportunities in and out of school.



#### **Careers Education Standard**

The Careers Education Standard sets out the entitlements the Government expects all pupils to benefit from in their careers education. Skills Development Scotland (SDS) works closely with schools to ensure this happens. Holy Rood has an excellent partnership with SDS and we are confident that our pupils receive the entitlements contained within the Standard.

The Standard says that "Children and young people will be entitled to:

- experience a curriculum through which they learn about the world of work and job possibilities and which makes clear the strengths and skills needed to take advantage of these opportunities
- develop skills for learning, life and work as an integral part of their education and be clear about how all their achievements relate to these
- opportunities to engage in profiling that supports learning and the development of skills for work and future career choices
- a learning environment that recognises and promotes diversity and supports them to understand that it is everyone's responsibility to challenge discrimination; develop understanding of the responsibilities and duties placed on employers and employees
- develop understanding of enterprise, entrepreneurship and self-employment as a career opportunity
- know where to find information and access support making effective use of online resources such as My World of Work
- develop Career Management Skills (CMS) as an integral part of their curriculum; further develop CMS through the involvement of SDS Career Advisers in group and individual sessions as appropriate to personal circumstances and needs
- have access to a broad range of pathways through their senior phase including learning opportunities leading to work-related qualifications.

The real life examples in this booklet capture the many different choices and experiences that combine to make up individual pupil pathways. I hope you find them useful when reflecting on possibilities and options for studying in the Senior Phase.

Lorraine F Legrix

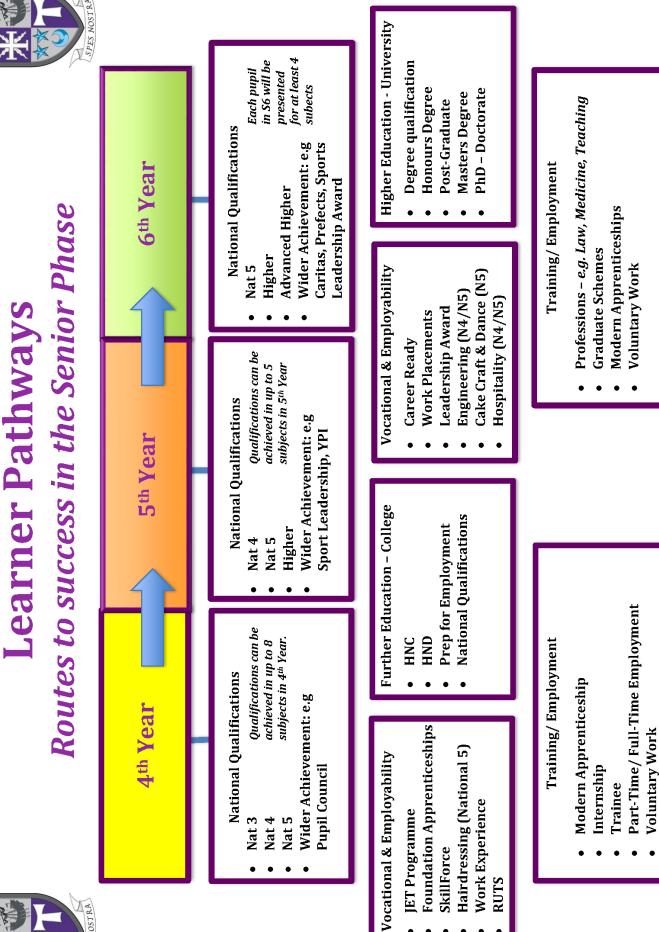
Head Teacher

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## **Vocational Opportunities**

#### **Careers** Adviser

Karla Hart, our Schools' Careers Adviser, is based in the library here in Holy Rood and can give you the careers support you need throughout your time in Holy Rood. Through a combination of group sessions, one-to-one interviews and drop in clinics, Karla will help you understand how your personality, interests and values are key to making the right career decisions and encourage you to develop your talents and skills. She will also help you build a CV and make good use of the My World of Work website. Speak to your Year Head to set up a meeting with Karla.

#### THE JET PROGRAMME (Job + Education + Training)

This work-based learning programme allows pupils in S4 and S5 (specifically those pupils who are planning on leaving school) the opportunity to undertake extended work experience and to acquire essential employability skills. Pupils will also work towards the SQA Employability Award in school. On completion of the JET Programme, pupils should be in a stronger position to apply for a full-time job relating to the area of their work placement, continue with their education at school, apply for an apprenticeship or apply to college to undertake further/higher education or training.

#### SKILLFORCE

Skillforce is run in school by qualified instructors for a small number of S4 pupils who are identified by the Year Head. This opportunity ensures that pupils follow a curriculum best suited to their needs in order for them to be better prepared for the world of work and their post 16 options. Skillforce runs for 2 periods per week throughout the academic session to allow pupils to work towards a suite of qualifications:- Asdan Bronze, National Navigation Award, Heart Start and First Aid at Work Level 5.

#### RUTS

The RUTS course complements the National 4 Engineering Skills course allowing learners to complete the maintenance elements of the course in a real life setting. Learners take part in rebuilding and maintaining a motorbike engine. RUTS then take learners to test their repairs off road. In S5 National 5 Engineering Skills, learners take part in the My Bike programme and learn about how to do basic bike maintenance.



## **Leadership Opportunities**

There is a number of leadership opportunities available to all pupils from S1 to S6. In the Senior Phase, pupils have the opportunity to become Faculty Prefects and support younger pupils thus developing their leadership skills. Other leadership opportunities available include:

#### Sports Leadership

Within P.E. in S5 and S6, pupils have the opportunity to work towards a school based award or an SQA Leadership Award. Pupils learn about team building, leadership styles, skills and qualities. They participate in practical tasks to help them develop some of these skills, and then put what they have learned into practice in a pupil planned teaching and coaching session.

#### Youth Philanthropy Initiative

All S5 pupils participate in the Youth Philanthropy Initiative. This leadership opportunity allows pupils to work in small teams and identify social issues within the community in order to engage with charities. Pupils visit and build relations with representatives from their chosen charity and work together to create a presentation about the organisation and the reasons why it is deserving of support. The group judged to have presented the most knowledgeable, impassioned and discerning case is granted £3,000 to award to its charity.

#### Caritas

The Pope Benedict XVI Caritas Award encourages and promotes the ongoing faith journey of young people. This leadership award recognises that some pupils are already active and committed within their homes, schools, parishes and diocese and it invites others to respond to God's call of love. This award asks young people to use their faith learning as a starting point for further faith reflection - this takes place during S6 core RE classes. The award involves 20 hours voluntary faith service in school and 20 hours in a local parish, mosque or temple. Pupils who are successful attend a national ceremony to receive their award.



## **Career Ready Programme**

#### Career Ready

Holy Rood was selected as a pilot school for the Career Ready Programme and has gone from strength to strength over the 5 years of our involvement. This 2 year enrichment programme offers pupils the opportunity to develop skills for career success and experience a working environment during their 4-week paid internship over the summer holiday. Pupils are matched with a business mentor whom they meet regularly in order to build a positive relationship and help improve their employability skills. Each year, six pupils are allocated a place on the Career Ready Programme.

#### Career Ready Year 2 Pupil Review: Shannon Donoghue S6

"The most beneficial aspect of the programme was that it has helped me decide what I want to do at university. I was very lucky to be assigned a mentor from Edinburgh University and I completed my internship in various departments within the university. This placement was very varied, and gave me an opportunity to experience different roles within one organisation. My mentor, Geraldine, and I quickly organised the best method of communication and have been meeting regularly. During my placement I was able to evaluate daily activities with my mentor at the end of each day. Since my placement, we have continued to communicate regularly and my mentor has been very supportive giving me feedback on my personal statement for my university application.

Throughout this programme, I have developed my professionalism and skills for use in the workplace. It has helped me see obstacles that I might face in employment and implement strategies for overcoming these. For example, when I was unexpectedly taxed, I had to follow procedures to claim back this money."

For more information, please visit <u>https://careerready.org.uk/</u>





## **Making an Informed Choice**

In order to make positive career choices, it's important to have information regarding the current Edinburgh Employment Growth sectors. Below are the current and projected key sectors for 2017—2027 in Edinburgh and where employment can be found for our young people. It's also a good idea to check any entry requirements for courses outside of school. You can do this by checking online, speaking to your Year Head or by requesting an interview with Karla Hart.

### Edinburgh's Key Growth Sectors

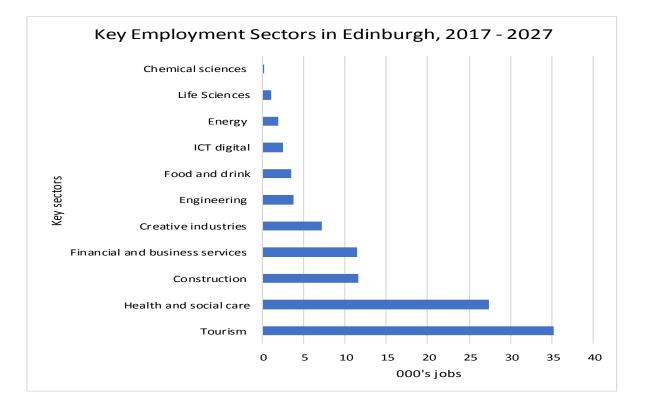
- **Tourism**-Edinburgh is a major tourism hub and gateway to the rest of Scotland. Every year the city attracts over 4 million visitors, injecting £1.46 billion into the local economy.
- Health and Social Care- Health and Social Work is the top local sector based on the number of employees; the biggest single employer in the entire area is the NHS.
- **Construction** 30% of the industry's workforce is aged 50+ and will soon retire, therefore this is a key growth area.
- **Financial and Business Services** 10.8% of people in employment in Edinburgh work in the Finance and Insurance sector. This is twice as much as other UK cities on average.
- **Creative Industries** Edinburgh's creative sector encompasses advertising, architecture, art and design, computer and video games, crafts, designer fashion, film and TV, music and the performing arts.
- **Engineering** Companies are projected to need 182,000 people with engineering skills each year until 2022.
- Food and Drink- This sector offers a lot of job opportunities due to demand in tourism within our city.



## **Making an Informed Choice**

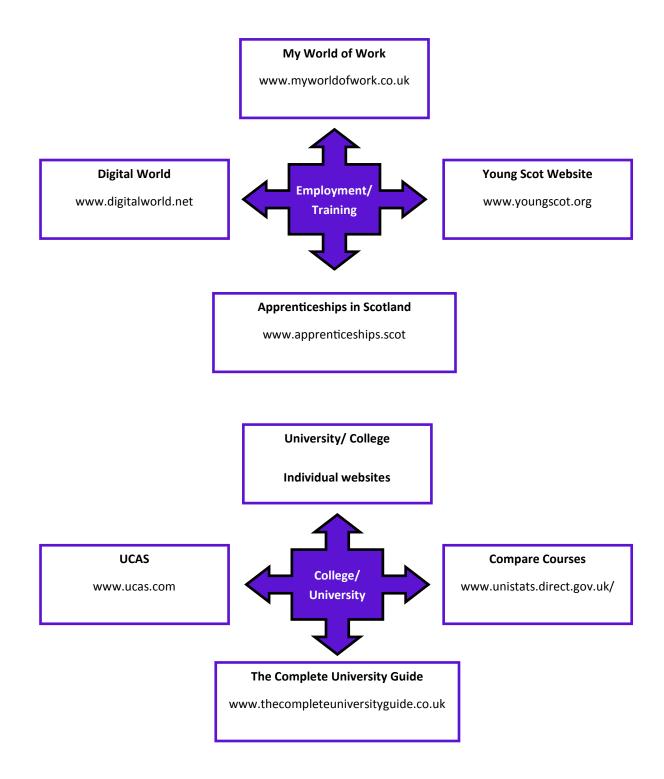
## Edinburgh's Key Growth Sectors

- **ICT and Digital Software** Edinburgh has one of the highest concentrations of people working in technical based roles in the UK with 25,109 people employed in digital companies.
- **Energy-** The Scottish Government hopes to generate 100% of electricity from renewable sources by 2020. Over 15,000 new employees will be needed to meet this demand.
- **Life Sciences** Edinburgh life science research is among the best in the world. Featuring some of the highest density research clusters in Europe. This means there is a demand for young people with qualifications in the Sciences.
- **Chemical Sciences** Apprenticeship places associated with the sector has grown significantly in recent years.





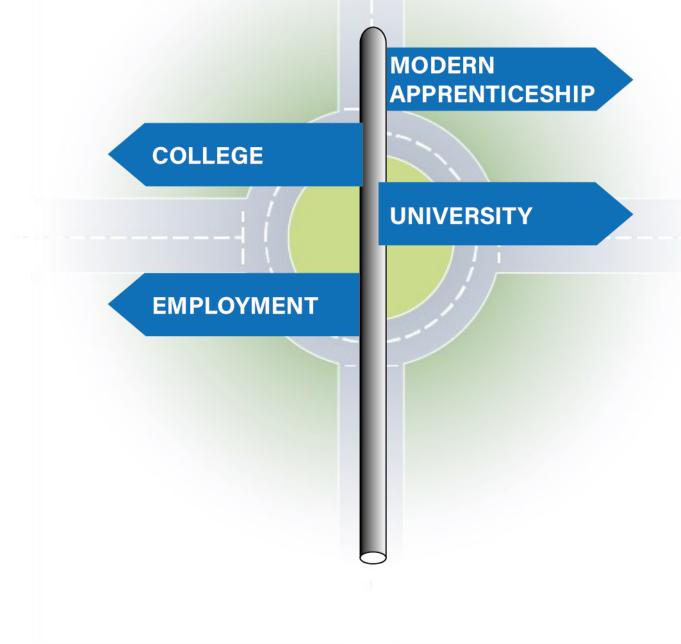
## **Support Websites**





## Holy Rood's Learner Pathways

In the following pages, you will find information from our own pupils about their experiences and future pathways. There are many examples of what is considered to be a positive destination for pupils beyond school.





#### India Brown, S6

#### **MY SUBJECTS**

#### 54

Drama, English, Maths, Italian, History 55

Biology, English, Drama, History, Art

### University

**S**6

English, Drama, History, Media Studies

#### MY SKILLS

Over the last few years I have completed various work experiences allowing me to develop skills to be able to work in the theatre industry. In particular, I have improved my communication and team work skills to help create successful productions. I have learned many valuable skills and techniques through my subjects and experiences including Fx makeup, special effects and filling out risk assessments which will all help me in my future career.

### MY FUTURE

I have applied to the 'Royal Conservatoire' University to study technical theatre. I love theatre and my ambition is to be a stage manager in the future. I like being backstage and working as part of a team having to pull together to ensure the show runs smoothly. I like how theatre connects with people in all different ways and I really want to be a part of that.

#### WIDER ACHIEVEMENT

I am currently a "My World of Work" Young Ambassador which involves encouraging other pupils to use this resource and offering training in the software. I am also taking part in Caritas volunteering programme. Out with school, I have attended the Lyceum Theatre Youth Group weekly for the past 5 years and performed in "Mermaids" at the Traverse Theatre as well as other productions. For the last three summers I have attended a Technical Theatre course.

#### ADVICE

My advice is to try everything and take every opportunity you can and don't give up. School can be a challenge but you will succeed in the end. Don't worry if you end up changing your career path you will end up enjoying it more, so do not stress out!



#### Matthew Dodds, S6

#### **MY SUBJECTS**

#### 54

English, Maths, Biology, Chemistry, Physics, Modern Studies, P.E., Italian

S5

English, Maths, Biology, Physics, P.E.

#### **S**6

University

Biology, Business, Design, Environmental Science

#### **MY SKILLS**

I have gained valuable skills during my time at Holy Rood such as leadership, communication and teamwork, through my subjects, but also by taking part in all the sporting opportunities in the school. I have gained a lot of confidence throughout my time at school and been encouraged by my teachers, family and peers.

#### WIDER ACHIEVEMENT

Throughout school I have always been part of sports clubs. I have played football from a young age and since S1 I have played for the school team which has allowed me to create good memories. I have recently taken up coaching the S2 school football team to further develop my skills and I am also completing the SFA refereeing course in school. These opportunities allow me to develop leadership skills and encourage younger players into sport.

#### **MY FUTURE**

Next year I would like to go to University to study Sports Science. Sport has always been a big part of my life and I would love to have a career related to the sport industry. Throughout my time at school I have enjoyed the science subjects and that is also a big part in my chosen degree. Linking both together is perfect for me.

#### ADVICE

I would advise anyone who is looking for a career path to do a lot of research before choosing what to study. If you are applying to university, college or anywhere else make sure you read up on the institution and what it has to offer. This can be done by checking websites, going to open days and speaking to the careers advisor.



#### Shannon Donoghue, S6

#### **MY SUBJECTS**

#### 54

Drama, Biology, Physics, Maths, English, Health and Food Technology, Italian and Modern Studies

#### University

S5

Modern Studies, Drama, Health and Food Technology, English

#### **S**6

Drama, R.E., Psychology

#### **MY SKILLS**

During my time at Holy Rood I have developed my communication skills to be an effective contributor therefore enabling me to adapt to different situations. Completing the SQA Leadership Award in PE, when I had to plan and lead a lesson has helped me to develop my team working skills and confidence. I regularly volunteer at parents' evenings and other school events to play an active role in my school community. I am an active member of the Youth Parliament which has helped me develop my presentation skills.

#### **MY FUTURE**

I have applied to universities in Scotland to undertake a course in International Relations. My interest is to follow a career in politics or within a global organisation. My interest sparked from being a member of the Youth Parliament which allowed me to represent the views of young people and stand up for those who did not have a voice. I have had to be organised and motivated in order to stand for election, and to deliver an effective campaign. I was delighted to be re-elected in March 2017.

#### WIDER ACHIEVEMENT

Throughout S5 and S6 I have participated in the Career Ready programme, which has allowed me to develop my skills for the workplace. Similarly, during my S4 work experience I was in the Scottish Parliament working alongside an MSP. The school has presented me with many opportunities including volunteering with the Caritas Award. All of these experiences have helped me select the correct career pathway.

#### ADVICE

My advice is to throw yourself into every opportunity that you are presented with and take full advantage of the experiences you are given. It is equally important to create opportunities for yourself to help develop your skills for learning, life and work.



#### **Cameron Duncan, S6**

#### **MY SUBJECTS**

#### S4

Chemistry, Physics, Maths, Geography, English, Italian, Graphic Communication, Art and Design

#### University

**S**6

S5

Maths, Physics, English, Graphic Communication, Art and Design Maths, Physics, Geography, Chemistry

#### **MY SKILLS**

During S5, I have improved my creativity and problem solving skills by selecting Higher Art and Higher Graphic Communication, which has helped me to enrich my creativity through the performance element of my assignments. I have also enjoyed the challenges of using problem-solving skills for Maths and Physics as I have developed analytical skills which I will use in the future.

#### WIDER ACHIEVEMENT

In S4, I completed work experience at HLP Architects, where I had to use all my skills to create an existing house in Sketch-up software. I am currently completing voluntary work for Caritas as I help in the St. Mary Star of the Sea Parish, Leith Soup Kitchen as a waiter giving out tea to people in need. This has improved my communication and listening skills, as I have to engage with members of the public as well as work as part of a team and listen to instructions from the people working there.

#### **MY FUTURE**

I have recently applied to study Architecture at University. I have chosen this course because I admire buildings in particular in the Edinburgh New Town and I have always loved creating my own world. One day I want to design my own house and build it. Once I have completed this course I would like to focus on conservational Architecture and Modern Architecture as these areas interest me most.

#### ADVICE

My advice to you, is to do your very best from the beginning of S4, to the end of S6 to find your dreams in life. If you have deadlines for subjects, I would advise you to manage your time well to complete them or the stress will gradually build up. These few years at school are crucial and although they may be stressful at times the reward is greater.



### Ibrahim Kuccuk, S6

#### **MY SUBJECTS**

#### 54

English, Maths, Physics, Admin & IT, Art & Design, Italian, Geography, P.E.

S5

Maths, English, Physics, Computing Science, Graphic Communication

#### **S**6

University

Maths, Physics, Geography

#### MY SKILLS

Throughout my time at Holy Rood, I have become a more effective communicator which has enhanced my confidence. I have learned to manage my time while studying to balance my workload. I have worked on a number of group work projects in class which has helped me to develop on my team-working skills.

#### WIDER ACHIEVEMENT

I have taken advantage of the opportunities offered to me in P.E. I have gained an SQA Leadership Award and currently I am working on my SFA Refereeing Course. I worked as an Accountant Assistant during the summer which has allowed me to take on more responsibility and I have learned to work under pressure. Throughout S6, I have undertaken voluntary work in a Primary School where I assist the teachers within the classroom, helping pupils with their learning. This is very fulfilling and helps me further develop my leadership skills.

#### **MY FUTURE**

First of all, I would like to get my driving licence before I go to University. I am applying to go on to University to study a course in Maths & Statistics. I have always loved Maths throughout my whole academic life and so I have chosen to carry on with an area that I enjoy studying. I hope my passion will grow as I learn more about this subject through studies at university.

#### ADVICE

The best advice I can give is to work really hard in S5. Succeeding in S5 will help avoid a lot of stress in the last year of school. If you're planning on going to University, do your research early in S4 as this will help you to make correct choices for your chosen area of study.



#### Marta Mazurkiewicz, S6

#### **MY SUBJECTS**

#### S4

English, Maths, Biology, Chemistry, Italian, Geography, History and Health and Food Technology

### University

S5

Biology, Chemistry, History, Maths, English

#### **S**6

Biology, Chemistry, History, Maths, English

#### **MY SKILLS**

My current job at McDonalds has allowed me to develop teamwork and communication skills. I have also learned to work well under pressure and manage stressful situations. I have improved my time management skills to allocate time for my job and my studies, and also making sure I find time to relax. In school I attend the Eco Group which has hugely widened my knowledge of how to look after our school environment and has allowed me to meet new people.

#### WIDER ACHIEVEMENT

I am currently doing a behavioural research placement at Edinburgh zoo. This has allowed me to gain more knowledge and understanding of our animals and how they interact with their environment. I am also doing the Caritas Award, and so I am volunteering at a church and helping out in the school. This has taught me a lot of compassion towards others, and reflecting upon my actions.

#### **MY FUTURE**

Since the start of High School I have had a huge interest in our environment and how everything on our planet interacts. I am planning to go to university to study Biology. I would love to go to Edinburgh University or Heriot Watt. I hope this will then lead me into a job in conservation or marine biology.

#### ADVICE

My advice is to make sure you choose the subjects you want to study and the courses at University you want to do, not the ones others want you to do. It's your future so make sure you do what you enjoy. Revise throughout the year and don't leave everything to the last minute. Also try to get as much experience as you can in the field of work you want to do as this will help you so much in the future.



### Cara Murie, S6

#### **MY SUBJECTS**

#### 54

English, Maths, Italian, Modern Studies, P.E., Biology, Physics, Art and Design

**S**6

University

English, Maths, Physics, Biology, P.E.

S5

Psychology, Art and Design, Maths, Physics

#### **MY SKILLS**

I have developed good communication, organisational, leadership and presentation skills through my different roles in the school. I have taken advantage of many opportunities I have been offered including: presenting at award ceremonies, speaking to younger pupils, coaching and my role representing the school over the last 2 years as a Young Ambassador of Sport.

#### WIDER ACHIEVEMENT

I am currently a Senior Young Ambassador for Sport which allows me to encourage and promote sports clubs on offer to S1-S6 pupils within the school and local community. As head of the Prom Committee, I have a key role in helping to organise this celebration event for my peers. I came third in the World Wado Kai Karate Championships held in Japan in 2014. As well as school, I currently work two jobs, which is helping me develop my time management and communication skills.

#### **MY FUTURE**

My plan when I leave S6 is to go to university and study Psychology at a university in Scotland. I have applied for this course because ever since I was young, I have always been fascinated and intrigued by how the mind works and human behaviour. I feel that this course is perfect for me in order to enable me to develop a greater knowledge and understanding of the mind in order to help others.

#### ADVICE

My advice to anyone, no matter what they want to do, is to study hard in S4-S6 as this will determine your future. It may be stressful and strenuous but the outcome is by far, worth it. Although it may be tough at times, keep your head down but also have fun. Widen your experiences by taking every opportunity that you are given, join the clubs, go on trips, just get involved in as much as possible.



### Mame Ndiaye, S6

#### **MY SUBJECTS**

#### S4

Administration and IT, Music, Italian, Maths, English, Physics, Health & Food Technology, Geography

#### University

S5

Business Management, Maths, ESOL, Italian, Music, Administration & IT

#### 56

Business Management, French, Health & Food Technology

#### **MY SKILLS**

My current job at Double Tree by Hilton Hotel has allowed me to develop my communication skills and time management skills which are helpful in any learning or working environment. The SQA Leadership Course in P.E. has helped me to be more confident and be a better team mate as we have to work in groups to organise a game and lead a class. I am proud that I can express my opinions and ideas in front of my peers without being scared.

#### WIDER ACHIEVEMENT

I achieved the SQA Leadership Award in S5 which helped me develop a range of skills. I received an award for "Pupil of the Year in Business Management" which took a lot of time and dedication to my studies. I'm currently taking part in the Caritas Award which allows me to volunteer at a local church. All these experiences have allowed me to develop into a confident and organised pupil.

#### **MY FUTURE**

I am interested in many subjects but my main passions are Business, Law and Languages, so I applied to courses at University that involve all three subjects. I have always aspired to be a business woman and make money so I could help people less fortunate than myself, that's why I have worked hard to achieve the grades I need to get in to university.

#### ADVICE

Don't leave work to the last minute, plan ahead and make sure to take your time when completing tasks and revision. Try and gain as much work experience and participate in activities that are related to the path you would like to follow in the future. Don't stress too much, find time for yourself to relax and enjoy your time with friends and family.



#### **Adam Gallagher, S5**

#### **MY SUBJECTS**

#### 54

English, Maths, P.E., Geography, Woodworking Skills, French, Hospitality and Physics

College

55

English, Engineering, Design and Manufacture, Lab Science

#### **MY SKILLS**

During my time at Holy Rood I have participated in a range of activities that have helped boost my confidence and made me into the person I am today. I have developed team work and communication skills through the subjects I have chosen. I have also developed my practical skills by selecting Woodwork and Design and Manufacture as subjects which I really enjoy. Choosing these subjects made me realise this is the career path I wish to follow.

#### WIDER ACHIEVEMENT

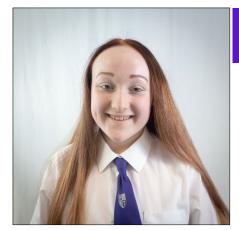
Work experience in S4 provided me with valuable experience in a working environment with my uncle in a joinery company called GCB. I really enjoyed the practical element of my work experience. I also have a part time job at McDonalds. This has allowed me to develop my understanding of what team work is and has enhanced my communication and customer service skills. This has also helped me with my time management skills allowing me to balance work and school.

#### **MY FUTURE**

I have always been interested in cars and anything with an engine. Since a young age I have always enjoyed taking things apart and putting them back together. My whole family enjoy modifying cars so that is something I can see myself doing in the future. I would like to go to college and study a course in automotive engineering. The subjects I have chosen have helped me develop the appropriate skills and will support my application to college. I have noted interest at Edinburgh College and hope to gain a place there.

#### ADVICE

Don't be shy to ask for help from a teacher if you get stuck on what you want to do in the future as they will help you choose subjects that involve your future goals. Don't give up on what you want to do!



#### **Dawn Marshall, S4**

#### **MY SUBJECTS**

54

P.E, Maths, Design and Manufacture, English, Biology, Modern Studies, Italian, RE

### College

#### **MY SKILLS**

During my time at Holy Rood I have improved my communication and team working skills, in particular when I work in a group with others for a project. I have become more confident because I have been given help and listened to advice from teachers and my friends. I have also participated in more activities around the school, which has helped me feel settled for example attending weekly basketball practice.

#### WIDER ACHIEVEMENT

In school I was awarded certificates of excellence in English, Art, Drama and Mathematics at the Junior Awards Ceremony. I have also completed my Duke of Edinburgh Bronze Award. When I first started the course I wasn't sure if I could complete the expedition. It took a lot of dedication but I'm glad I stayed focussed because it will help me in the future and I'm very proud of myself. Camping was really challenging but I am really happy I completed it.

#### **MY FUTURE**

I want to apply to college to study Beauty Therapy as I really enjoy learning about and practising make up and nails. I'm very interested in this subject and I practise on myself or my family members in my spare time. I have wanted to follow this career path for a few years and spoke to teachers about what subjects would help me. I am going to speak to our Careers Adviser to get advice on how to apply.

#### ADVICE

You should listen to your teachers and family members. Do what you want to do and just go for it because nothing can hold you back from what you love to do. Take any opportunity that is given to you for more experience and never give up!



#### Mateusz Pasternak, S6

#### **MY SUBJECTS**

#### 54

Italian, Biology, Chemistry, Administration and IT, Maths, English, Geography and Music

#### College

**S**6

S5

Biology, Chemistry, Physics, Maths, English Physics, Computing Science, Maths, ESOL, Graphic Communication

#### **MY SKILLS**

Throughout the six years in Holy Rood I have developed my social skills, like communication, by gaining confidence through talking to people. I have improved my number skills, which led me to study Higher Maths and Physics in S6. By spending time doing computer work, I have also improved my computing practical skills. My next challenge is to improve these skills even further by studying Computing Science or a computing-related course at college.

#### WIDER ACHIEVEMENT

My main achievement in Holy Rood, outside of my education, is leading the S1-S6 after school volleyball club. I have gained leadership and communication skills, (as well as now being a qualified coach), throughout the years by teaching and demonstrating key points of volleyball. This has been an enjoyable part of my school career.

#### **MY FUTURE**

In S4 and S5, I was considering studying medicine at university, I had been encouraged by my parents to do this as a profession as it is a very rewarding career and would also pay well. However, after giving it further consideration, I realised that medicine was not the correct choice for me. I thought about my strengths in computing and graphical editing, which led me to consider a course in Games Development at College.

#### ADVICE

As a senior pupil in Holy Rood I would advise all pupils to consider rethinking their future career choice in S4 and S5 because if you are still undecided, then you can start doing the courses you really want in S6. In terms of opportunities, grab as many of them as you can! Be involved in many out of school activities, jobs and volunteering, but make sure that you have time for studying.



### **Jordan Daly, S5**

#### **MY SUBJECTS**

#### 54

English, Maths, Physical Education, Business Management, Woodwork, Home Economics, Physics

### 55

Maths, English, Woodwork, Computing, Physical Education

#### **MY SKILLS**

During my time in Holy Rood, I have developed a range of skills. I can work well in a team by using my communication and problem solving skills which I have developed. I have also improved my leadership skills by working in a team and giving advice to my peers to contribute to the team.

#### **MY FUTURE**

I have applied for a Modern Apprentice in Joinery as I really enjoy practical woodwork. When I was doing my work experience at Francey (a joinery company) for 1 week I really enjoyed it and it opened up an opportunity. Prior to work experience I had not thought about a career in this industry. I really enjoy the practical skills involved in this trade which has encouraged me to pursue this for my future career.

#### WIDER ACHIEVEMENT

Modern

Apprentice

I have been part of the school football team over the past 2 years winning the School League Trophy with my team. We were able to achieve this by communicating effectively and using our skills on the pitch. I have also become more sociable. I have made positive relationships and met new friends as we had games and training each week. Work experience in S4 has allowed me to build skills for a working environment.

#### ADVICE

Choose subjects that interest you and that you think will help you in the future. If you are in need of help, do not be afraid to ask for help by either going to supported study or asking for help from teachers and staff around the school. There is lots of help on offer! Do not give up on your future goals. If you put the work in you will accomplish them.



#### Sarah Graham, S4

#### **MY SUBJECTS**

54

Maths, English, History, Biology, PE, Art, Hospitality

### Modern Apprentice

#### **MY SKILLS**

Throughout my time at Holy Rood I have developed the following skills; communication, listening and how to learn from my mistakes. I also enjoy sharing ideas with others which has helped me build confidence in my team working skills. I think these are important skills for me to have when I leave school to follow my chosen career path.

#### WIDER ACHIEVEMENT

In school I am currently completing a National 5 hairdressing course on a Wednesday afternoon. This has shown me that I have good skills for this industry. I enjoy all aspects, particularly the practical element of the course. I was also recently part of an athletics club which allowed me to compete against others and increase my fitness.

#### **MY FUTURE**

For the future I would like to leave school with my National 4 and National 5 qualifications to apply for an Apprenticeship in Hairdressing. Initially, I was unsure about hairdressing, however, I have thoroughly enjoyed my National 5 hairdressing course and I feel like I have good skills for this industry.

#### ADVICE

My advice would be try different subjects to see what you like, because you might love a subject you wouldn't think of taking. Be open minded in S2 and try hard in all your subjects. Ask for help if you are unsure. Overall, make sure you pick something you are good at, this will help you enjoy your work.



### **Reenan Ward, S6**

#### **MY SUBJECTS**

#### 54

Drama, English, Health and Food, Design and Manufacture, Business Management, Modern Studies, Biology & Italian

#### **Employment**

S5

Drama, P.E., Maths, Biology, English

#### 56

Business Management, Biology, Modern Studies, Design and Manufacture

#### **MY SKILLS**

In my six years of being at Holy Rood I have managed to gain many skills such as working in a team and being able to talk to groups of people confidently. I have been able to further develop my practical skills and in particular my writing skills have improved immensely. These skills will allow me to become an apprentice electrician in the near future.

#### WIDER ACHIEVEMENT

Recently in school I volunteered to help with the Christmas Fair, which was a very successful night. Outside of school I have played football for 12 years and played many competitive matches against teams all over the country, also representing my country at national development level. I also have a part time job in McDonald's which is giving me more experience of working in a team in a fast paced environment.

#### **MY FUTURE**

When I leave school I would like to be an electrician as I have enjoyed the practical element in my Design and Manufacture class. I have always had the dream of becoming a footballer, so I will continue to train hard as I would love to play it professionally.

#### ADVICE

The advice I would give is that it is very important to enjoy school while you are here. Make sure you apply yourself and get the most out of your school career that is the most important thing. All of the hard work will not be for nothing as it gives you lots of options for your future if you focus on your studies.

