



HOLY ROOD RC HIGH SCHOOL

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Head Teacher: Lorraine F Legrix

9 May 2017

Dear Parent/Carer

Health & Well Being Focus Week

I write to tell you about arrangements for our whole school Sports Day on Wednesday 17 May which is planned as part of our annual Health & Well Being focus week. During this particular week, we encourage our pupils to think about all aspects of their Health & Well Being using the Curriculum for Excellence indicators to measure progress in social, emotional, intellectual and physical skills. This year we have a particular focus on the two indicators 'Active' and 'Included'.

Pupils in S1 to S3 will all take part in a number of sports/fun activities during the day and this letter is to inform you about what your child needs to do to be prepared for the day.

Pupils should arrive to school in clothes suitable for taking part in sports. All pupils will be given a colour to represent their allocated team in advance by their Tutor Teachers. Pupils are encouraged to wear this colour if at all possible. Suitable clothes include: t-shirts (no football tops), shorts, joggers, leggings, sweatshirts. Suitable footwear such as sports shoes or trainers should also be worn.

In order that all pupils feel included, there will be an opportunity to wear a small amount of face paint to display which team they are in. This will be provided by the school. If your child is not able to wear face paint, then please complete the slip below so we are aware of this request.

Although too far in advance to predict the weather forecast, we would recommend that a common sense approach is adopted. If the weather on the day is expected to be hot and sunny, then sun screen should be worn and hats would also be appropriate. On the other hand, if cool, then a sweatshirt type top will be required. We are hoping for good weather, however, we are likely to cancel the event if rain is forecast all day. Weather permitting, we would hope to reschedule the Sports Day for Thursday 18 May when the above arrangements will apply. A text will be sent to parents to confirm if this is the case.

We are all very much looking forward to pupils and staff being 'Active' and 'Included' at our first ever whole school Sports Day.

Yours sincerely

M Connelly (Mr)
ACTING HEAD TEACHER

Return this slip to your child's Tutor Teacher or reception by 16th May.

My child _____ in Tutor Group _____ is unable to wear face paint.

Signature of Parent/Carer _____

